

# Health Protection Condition (HPCON) Trigger and Recommended Actions Coronavirus Disease (COVID-19)

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Department of Defense (DoD) Public Health Emergency Management policy (DoDI 6200.03) assigns Health Protection Condition (HPCON) levels to codify approaches to disease outbreaks given the severity of disease and level of disease transmission in a local community. HPCON levels inform actions to be taken by individual personnel, units, installations, Navy Medical Readiness Training Commands (NMRTC) and military treatment facilities (MTF) in response to a specific health threat.

Installation and NMRTC Commanders may employ the HPCON framework during an all-hazards emergency to communicate specific health protection measures to the affected population, including individuals working in, residing on, or visiting the installation. Standardizing responses within categories ensures a measured local response.

Any determination to elevate or lower the HPCON level will be made by the Installation Commander in consultation with the Public Health Emergency Officer (PHEO) and NMRTC Commander/MTF Director.

This framework may be updated during the response to the public health emergency as new information or guidance becomes available. Actions may be discontinued at the termination of the public health emergency, unless renewed by the Installation Commander for a specified period of time.

HPCON	Example Health Protection Measures	Possible Triggers	Recommended Actions
0	Routine: Maintain standard precautions such as routine hand washing, cough on sleeve, good diet, exercise, vaccinations, education, routine health alerts, and regular preparedness activities	Normal operations.	<ol> <li>Regular planning and drills.</li> <li>Review and revise plans as necessary, to include HPCON framework per DoDI 6200.03.</li> <li>Identify workforce that can perform duties via telework.</li> <li>Identify mission essential personnel AND alternates who must report to work during an outbreak.</li> </ol>
A	Limited: Health Alert. Communicate risk and symptoms of health threat to installation; review plans and verify training, stocks, and posture; prepare to diagnose, isolate, and report new cases	Evidence of isolated cases or limited community transmission in the world with potential to affect the U.S. and/or DoD assets, case investigations underway, no evidence of exposure in large communal setting (e.g., healthcare facility,	<ol> <li>Communicate/educate medical providers on unusual health risk or disease and case reporting chain.</li> <li>Review applicable installation plans and checklists. Verify preparation (i.e., training, countermeasure stock, force posture) as well as Host Nation MOU's/MOA's.</li> <li>Epidemiological surveillance looking for further evidence of disease spread</li> </ol>



	school, mass gathering).	4. Contact local DoD affiliates and Host
	Report of unusual health risk	Nation Public Health Officials as
	or disease; Declaration of	appropriate
	PHEIC by WHO; CDC Health	5. Develop and disseminate media
	Alert of unusual health risk	information on individual personal
	or disease.	protective measures (hand-washing/hand
		sanitizers, cough/sneeze etiquette, stay
		home if ill). Ensure distribution to entire
		Installation & GSU's. Consider adding CDC
		health alert (HANs) examples for PA
		6. Follow Health Alert or provider
		instruction (i.e., social distancing,
		prophylaxis, PPE, standard precautions,
		etc.).
		7. Validate with available records the
		immunization status of base personnel if
		applicable
		8. Report number of vaccinations/post
		exposure medications for primary threat
		agent and the timelines to get them if not
		enough are available if applicable
		9. Prioritize the distribution of treatments/
		prophylaxis utilizing tiered approach from
		DCP.
		10. All military units should: ensure all
		personnel have Family Care Plans up-to-
		date, and personnel are prepared for
		school and work closings. Ensure all
		rosters are up-to-date.
		11. Identify ways to ensure that individuals
		with underlying mental health risk are
		appropriately cared for.
		12. Workplaces: should ensure all
		personnel know where to find local
		information on COVID-19, including signs
		and symptoms and what to do if
		symptomatic, and local DoD policies.
		Encourage personal protective measures
		among staff (e.g., stay home when sick,
		handwashing, respiratory etiquette, etc.).
		Ensure frequently touched surfaces are
		disinfected at least daily, and that supplies
		for hand hygiene are readily available.
		Individuals at increased risk of severe
		illness should consider staying at home and
		avoiding gatherings or other situations of
		potential exposures, including travel.
		Ensure Telework and COOP plans up-to-
		date and actionable.



			<ul> <li>13. Healthcare facilities should assess infection control programs, PPE supplies, and optimize PPE use. Should also assess policies (to include visitor policies, and HCP sick leave policies). Implement triage prior to entering facilities to rapidly identify and isolate patients with respiratory illness (e.g., phone triage before patient arrival, triage upon arrival). Implement systems for phone triage and telemedicine to reduce unnecessary healthcare visits.</li> <li>14. DoD schools/daycares: should additionally ensure that staff know signs and symptoms of COVID-19 and what to do if students or staff become symptomatic. Review and update emergency operations plan (including implementation of social distancing measures, distance learning if feasible). Encourage students and staff to stay home when sick and notify administrators of illness.</li> </ul>
В	Moderate: Strict hygiene (no handshaking, wipe common-use items); if exposed, self-isolate (wear mask or remain home); avoid contaminated water/food or risk area; vector control if applicable	Evidence of sustained and or widespread transmission with high likelihood or confirmed exposure within communal settings with potential for rapid increase in suspected cases. Multiple instances of community transmission (approximately 25-50 cases unlinked); or a report of a confirmed case on your installation; or Hospital Admission: >15% cases; or ICU Admission: >3% cases	<ol> <li>All Level A actions above</li> <li>Consider activation of EOC</li> <li>Revise &amp; disseminate media information/education regarding:         <ul> <li>a. Strict hygiene measures</li> <li>i. no handshaking</li> <li>ii. wipe common use items/items</li> <li>located in public waiting areas with</li> <li>disinfectant prior to each shift</li> <li>b. Avoidance of affected environmental</li> <li>exposures                 <ul></ul></li></ul></li></ol>



<ol><li>Increased screening of patients at MDG to possibly include addition of questions</li></ol>
specific to travel location and relevant
disease exposure.
10. In coordination with state, local, tribal
and territorial (SLTT) government, consider
declaring Public Health Emergency (PHE)
and initiating Health Alert to communicate
potential disease risk in local area.
a. Generate signed PHE declaration and
report up the chain
b. Report declaration of a public health
emergency via an Operational Event/Incident Report-3 (OPREP-3) Report
(voice) within 15 minutes, with a message
report submitted within one hour of the
incident to the National Military Command
Center (NMCC).
10. Identify alternate treatment &
isolation/quarantine facilities (HN, DoD,
etc.)
11. Consider:
a. implementing single point of entry
(SPE) to MTF Mask or
b. separating patients with
signs/symptoms consistent with case
definition
c. ordering additional medical supplies
(i.e., surgical masks, medications)
<ul> <li>d. establishing triage/care capability</li> <li>outside MTF to protect resources (consider</li> </ul>
isolation/quarantine needs)
e. Activating In Place Patient
Decontamination (IPPD) if biological attack
suspected
12. Consider moving to HPCON C if there is
a substantial threat of disease for
personnel due to a local epidemic outbreak
of a disease with a high morbidity rate,
imminent spread of such a disease to the
local area, and/or a wide area of
contamination that requires special or
costly avoidance procedures.
13. Workplaces: should additionally
consider implementation of COOP plans,
encouraging staff to telework when
feasible (particularly individuals at increased risk of severe illness).
Implement social distancing measures
(increased physical space between
workers, staggering work schedules
(arrival, meal, and departure times), and



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imp pol bef mo Act pro larg des plat	<ul> <li>Healthcare facilities: should consider plementation of changes in visitor licies to limit exposure, implement triage fore entering facilities, and actively onitor respiratory illness among HCP. tively monitor PPE supplies. Establish ocesses for evaluation and testing of ge numbers of patients if needed (e.g., signated clinic or surge tent). Begin to an for potential HCP shortages.</li> <li>DoD schools/daycares: should</li> </ul>
add soc free sch ent inte in s for	ditionally consider implementation of cial distancing measures (e.g., reduce quency of large gatherings, stagger neduled events like recess and try/dismissal times, limit inter-school eractions, consider distance/e-learning some settings) and short-term dismissals school and extracurricular activities as eded (e.g., if cases in staff/students).
tem scre Stu sho	nsider regular health checks (e.g., nperature and respiratory symptom eening) of students and staff if feasible. Idents at increased risk of severe illness puld consider implementing individual ins to maintain social distancing.
distancing (limit or cancel in-person meetings, gatherings, temporary duty assignments); shelter in-place indoors; utilize respirators; mass distribution of MCMtransmission, healthcare staffing significantly impacted, multiple cases within communal settings like healthcare facilities, schools, mass gatherings etc.2. d pre 3. l inst com a. l b. l a. l b. l a. l b. l a. l b. l a. l b. l a. l b. l a. l b. l 	All Level A and Level B actions above Consider declaring PHE (if have not eviously declared). Implement Health Alert (or provider) truction such as stringent disease ntainment measures a. Broad social distancing i. School closures ii. Cancellation of conferences, eetings, socials, TDYs, etc. b. Medical Countermeasures i. Prophylaxis distribution ii. Mass vaccination iii. PPE (i.e., masks, etc.) c. Alternate Measures i. Shelter-in-place



<ol> <li>Provide updates to EOC/GSU's/ DoD affiliates/Host Nation as needed</li> </ol>
5. Establish a Joint Information Center as
needed with local health department
partners
6. Consider options to expedite acquisition
of post exposure medicine and vaccines if
supply is unavailable.
7. Notify HN authorities of the situation
and inquire about closure or evacuation of civilian areas/functions
8. Issue legal memorandums of
Quarantine & Isolation to subjects
9. Advise Installation/CC and MSG/CC on
legal/jurisdictional issues with HN.
10. Consider utilization of alternate
facilities & methods identified in HPCON B
for patient triage & care, isolation &
quarantine and patient transportation
throughout the installation, DoD & HN as
needed
11. Request SNS support from COCOM
through MAJCOM as applicable.
12. Implement Host Nation MOU's/MOA's
as applicable
13. Assess operational impact due to loss
of affected personnel
14. Forward numbers of Dead, Injured or
Missing to the EOC as the information
becomes available.
15. Relay casualty information to the Med
Rep (ESF 8) in the EOC.
a. Forward names of dead and injured
to EOC by runner.
b. Ensure only medical authorities
certify death.
16. Coordinate handling of deceased
personnel to include (but not limited to)
the following actions:
a. Perform mortuary services.
b. Set up a temporary morgue as
needed.
c. Contact local coroner for release, and
approval to remove remains of AF
personnel.
d. Coordinate with medical personnel
or AF identification team, if required, for
help in identifying remains.
e. Coordinate handling contaminated
remains.
f. Relay fatality information to FSS Rep
(ESF 6) in the EOC.



		g. Notify casualty reporting officer of names of identified fatalities.
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		17. Dispatch personnel and conduct operations as needed.
		a. Provide spiritual support and advise
		CAT/EOC.
		b. Provide spiritual support to incident
		personnel when safe.
		c. Dispatch a Religious Support Team
		(RST) and/or Disaster Mental Health Team
		to the Medical Facility. d. Activate the Chapel Control Center
		upon notification from CAT.
		e. Place the Death/Notification Team on
		stand-by.
		f. Prepare chapel facilities for spiritual
		support as needed.
		18. With sustained community transmission and overwhelmed Public
		Health staff, individual contact
		investigations become less effective.
		Coordinate with your respective SLTT
		public health department and consider
		limiting and prioritizing contact
		investigations to target and protect most
		vulnerable population.
		19. Consider moving to HPCON D if there is a local epidemic with a high mortality rate
		or imminent spread of such a disease to
		the local area.
		20. All individuals should limit community
		movement and adapt to disruptions in
		routine activities (e.g., school and/or work
		closures) according to DoD guidance.
		21. <b>Workplaces:</b> should additionally cancel
		mission non-essential work travel (including conferences, etc.). Implement
		extended telework arrangements when
		feasible. Ensure flexible leave policies for
		staff who need to stay home due to
		school/childcare dismissals.



D	Severe: Restriction of movement (e.g.,	Widespread transmission and health infrastructure	<ul> <li>22. Healthcare facilities: should restrict/limit visitors (e.g., maximum of one/day) to reduce facility-based transmission. Cancel elective and non- urgent procedures. Establish cohort units or facilities for large numbers of patients.</li> <li>23. DoD schools/daycares: should consider broader and/or long-term school dismissals (either as a preventive measure or because of staff and/or student absenteeism), cancellation of school- associated congregations, and implementation of distance learning if feasible.</li> <li>24. Cancel community and faith-based in- person gatherings (consider conducting virtually).</li> <li>1. All Level A, B and C actions above</li> <li>2. Declare PHE (if have not previously</li> </ul>
	quarantine); mass evacuation; mass decontamination; subsist on secure food/water sources	strained Hospital Admission: >40% cases; or ICU Admission: >20% cases	<ol> <li>Declare PHE (if have not previously declared)</li> <li>Implement advanced disease containment measures, to include:         <ul> <li>a. Formal Quarantine &amp; Isolation</li> <li>Mass evacuation</li> <li>Consider contamination</li> <li>Food/Water Rationing</li> </ul> </li> <li>Consider increased Restriction of Movement (ROM) to emergency-essential personnel only (i.e., HN &amp; DoD first responders, etc.)</li> <li>Consider restricting all mass gatherings (close schools, BX, theaters)</li> <li>Consider mandating use of PPE (i.e., surgical masks) by all personnel when on installation.</li> <li>Mass distribution of food &amp; water, etc.</li> <li>(consider using PODs and/or going through Unit Command Centers (UCC's) to distribute to base personnel)</li> <li>Consider decreasing HPCON level as needed.</li> </ol>

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